WYOMING AREA SECONDARY BREAKFAST MENU

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast	2 Apple Strudel
5 Mini Cinni Rolls	6 Breakfast Pizza	7 Mini Blueberry Donut Holes	8 French Toast Sticks with Syrup	9 Breakfast Banana Split
12 Columbus Day	13 Breakfast Pizza	14 Egg & Cheese Croissant	15 Chocolate Chip French Toast	16 Cinnamon Cream Cheese Filled Bagel
19 Mini Blueberry Waffles	20 Breakfast Pizza	21 Cheese Omelet Served with a Mini Biscuit	22 French Toast Sticks with Syrup	23 Dutch Waffle
26 Mini Maple Pancakes	27 Breakfast Pizza	28 Egg, Sausage & Cheese Maple Flatbread	29 Chocolate Chip French Toast	30 Chocolate Donut

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.25

Available Daily

Assorted cereals and cereal bars

Fruit Selection

Seasonal Fresh Fruits
Canned Fruit in Light Syrup
100% Fruit Juice
Students may choose two ½ cup servings.

Milk Selection

1% White
Fat Free Chocolate

Your Dining Services Team

Tom Krulack
General Manager
(570) 655-2836 ext. 2351
Thomas.krulack@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES