WYOMING AREA KINDERGARTEN LUNCH MENU

September 2026

EAT SMART
BE SMART

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Chicken Patty on a Roll **Green Beans**	1 Chicken & Cheese Quesadilla **Steamed Corn**	2 Asian Sesame Chicken over Rice **Steamed Broccoli**	3 Max Pizza Sticks with Dipping Sauce (V) **Mixed Vegetables**	4 **EARLY DISMISSAL** **BAGGED LUNCHES TO GO**
7 Happy Labor Day 	8 Beef Soft Tacos **Steamed Corn**	9 Pasta with Meat Sauce **Sliced Carrots**	10 Italian Toaster Sandwich **Tater Tots**	11 Pepperoni Pizza **Green Beans**
14 Breaded Chicken Nuggets with Buttered Noodles **Mixed Vegetables**	15 Walking Taco with Pretzel Stick **Steamed Corn**	16 Chicken Alfredo over Penne with Dinner Roll **Steamed Broccoli**	17 Toasted Cheese Sandwich (V) **Tomato Soup**	18 Cheesy Pizza **Steamed Green Beans**
21 Orange Chicken over Rice **Steamed Broccoli**	22 Cheeseburger on a Roll **Straight Cut French Fries**	23 French Toast Sticks with Sausage Links **Hash Brown Patty**	24 Chicken Patty on a Roll **Steamed Garden Peas**	25 Fiestada Pizza **Mixed Vegetables**
28 Popcorn Chicken with Rice **Steamed Broccoli**	29 Hot Dog on a Bun **Oven Fries**	30 **EARLY DISMISSAL** **BAGGED LUNCHES TO GO**		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Daily Alternates

Yogurt Craveable or Peanut Butter & Jelly

Fruits & Veggies

Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables
Seasonal Fresh Fruits, Canned Fruit in Light Syrup, 100% Fruit Juice

Students may choose two ½ cup servings.

Milk Selections

1% White
Fat Free Chocolate

Lunch Prices

Student	$0.00
Adult	$5.25

(V)	Vegetarian
(VG)	Vegan
(GF)	Gluten-Free
(H)	Halal

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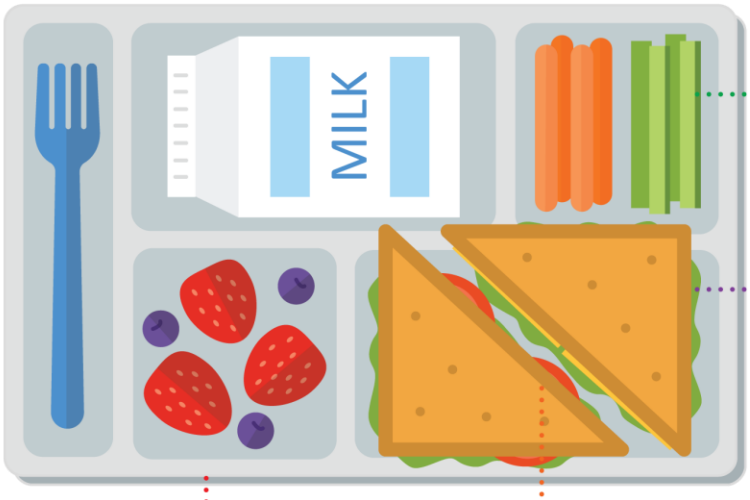

MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of the **5** components available for the school lunch price:

Meat/Meat Alternative, Grain/Bread, Fruit, Vegetable, Milk
A minimum of ½ cup serving of fruit must accompany a school breakfast.

Assorted Variety of Milk Available Daily
1% White, and 1% Chocolate

LUNCH PRICES

Student Lunch:	$0.00
Adult Lunch:	$5.25

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YOUR DINING SERVICES TEAM
Tom Krulack, General Manager
(570) 655-2836 Ext. 2351 | Thomas.krulack@metzcorp.com

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